



# Being okay or being human

**How to create the floor anchors :**

- 1. please print these cards on white paper in DIN A4 format.**
- 2. You can laminate the cards individually. This is how you can use them in your seminars and exercise groups several times.**



**“I am right (okay),  
You are wrong(not okay).”**



**“I am wrong (not okay),  
you are right (okay).”**



**“I am wrong (not okay),  
You are wrong (not okay).”**



**“I am right (okay),  
You are right (okay).”**



**“I am a human being  
with needs  
You are a human being  
with the same needs.”**